

CAMBRIDGE GOLF CLUB DEVELOPMENT CENTRE



2018 Team Program

Cambridge Golf Club Development Centre
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COACHING TEAM

Our Mission is to create the opportunity for positive golf experiences for our athletes. We believe in creating a fun learning environment with full coaching support for players at all stages of skill development in a team environment. Values such as honor and respect for the game are instilled in the players, which ultimately leads them to develop a passion for the sport which can take them anywhere from the playground to the podium.

Perhaps there is no greater impact on the quality of a child's development than the coaching support they are surrounded with. The coaches in our program have exposure to some of the most comprehensive training and certification programs for golf in the world and specialize in junior golf development. As a group, we possess expert training and extensive experience in the physiology and psychology of child development, as well as the tactical and technical components of competitive golf. Our coaches are highly motivated by the mission to support and develop junior athletes in a team environment with the finest information available in all relevant fields.

CARLA MUNCH-MIRANDA - HEAD COACH

Carla has cemented her role as one of the country's top female coaches through her position as Head Coach for the women's golf team at the University of Waterloo, a team she has guided to great success since 2004. A co-owner of Cambridge Golf Club and Head Golf Professional, Carla has been instrumental in implementing the development golf programs at Cambridge for all levels. She has also been named Ontario PGA Assistant Golf Professional of the Year (2006), OUA Coach of the year in 2007 and 2008 and was awarded the 2011 Developmental Coach of the Year from the Golf Association of Ontario (GAO). She has had the honor of coaching Team Canada, that represented the best College and University players in Canada, in countries such as South Africa, Spain, Switzerland and at the 2011 Summer Universiade (World University Games) in Shenzhen, China. Carla is certified in the Coach of Developing Competitors Context through the Coaches Association of Canada NCCP Program and the PGA of Canada.

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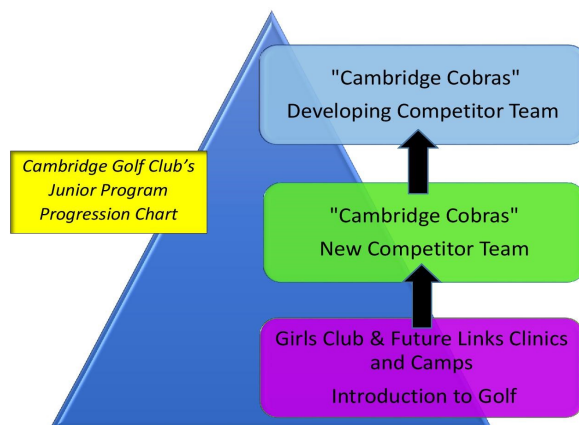
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CAMBRIDGE GOLF CLUB DEVELOPMENT PROGRAMS AND ATHLETE PATHWAY



INTRODUCTION STREAM (Learn To Play)

CN Future Links Camps and Clinics : Base Programs (Available May-August)

CN Future Links golf camps and clinics focus on providing a safe and enjoyable introduction to the basic fundamentals, rules, etiquette, and history of the game. Camps and Clinics programming is designed for kids between the ages of 5– 14.

GIRLS CLUB

Girls Club is an exciting option for girls who want to learn the game of golf in a fun team like atmosphere. We want to develop the golfer who understands the importance of positive values both on and off the course, technical and tactical skills of the game , fitness and nutrition and most importantly how to play the game and have fun! Girls Club is available to all levels of play ages 7+.

“CAMBRIDGE COBRAS TEAM” COMPETITIVE STREAM



New Competitor – Cambridge Cobras Team

The New Competitor (NC) program offers players 9+ with a comprehensive golf coaching program with the goal to expose athletes to more advanced golf coaching principles and introductory level competition. This program will have coaching opportunities running from May to September.

Developing Competitor – Cambridge Cobras Team

Graduates of the New Competitor program may be selected to participate in the Developing Competitor (DC) program. The Developing Competitor Program is designed for athletes aged 12 – 18 and are coached to refine golf fundamentals and athletic abilities and are typically prepared for performance at regional and provincial level competitions. This program involves year long activities with exposure to experts in the field of sport science.

NEW COMPETITORS (NC)

The New Competitor Program is designed to provide athletes 9+ with full coaching support and programs in a team like atmosphere that will allow them the opportunity to begin to play more and explore the possibility of competitive golf. There are many opportunities to play local and inter club events as well as local district tours. Our Coaching staff will provide all the support needed to prepare the athlete for these events as well as to help them plan a competitive schedule. The program runs from April to September.

Athlete Benefits:

Group Training Sessions
Private Coaching Sessions
Playing Days and Range Time
Sport Science Group Training Sessions
Development of Athlete Performance Plans
Competitive Schedule Planning
Performance Analysis and Support in Competition
Golf Fitness and Nutrition Plans
On Course Training Days
Rules of Golf Education
Team Clothing Package
Team Golf Bag



OPTION #1 (No Membership)

- 1: Group Sessions
 - 12 Weeks X 2 Hour Sessions
 - Boys - Mondays
 - Girls - Thursdays
 - 2: Individual Coaching Sessions
 - 3 -45 min private sessions
 - Based on athlete and coach availability
 - 3: Team Play Days
 - 4: 10 Driving Range Tickets
 - 5: 10 Junior Green Fee Passes
- Registration Fee:
\$730.00 + HST
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OPTION #2 (Membership)

- 1: Group Sessions
 - 12 Weeks X 2 Hour Sessions
 - Boys - Mondays
 - Girls - Thursdays
 - 2: Individual Coaching Sessions
 - 3 -45 min private sessions
 - Based on athlete and coach availability
 - 3: Team Play Days
 - 4: Full Junior Membership which also includes a Driving Range Membership
- Registration Fee:
\$1099.00 +HST
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OPTION #3

Junior Member under the family membership:
Registration fee: \$599.00 +HST

REGISTRATION PROGRAM SPECIFICS

Group Sessions Dates : Sessions missed by athletes will not be made up later in the year, unless the session is cancelled due to weather.

Boys Monday Evenings
Dates and Times : TBA

Girls Thursday Evenings
Dates and Times : TBA

Specific dates, tournaments and other program information will be discussed at the team/parent information sessions.

Application and Registration Deadline:

All applications and registration forms should be returned by March 1, 2018 to guarantee your enrollment. Numbers for each program are limited.

Payment Terms and Options:

Payment Option #1 - Payment can be made in full by either cash, cheque, Visa or MasterCard. Please make cheques payable to Cambridge Golf Club by March 1, 2018

Payment Option #2 - 4 equal monthly payments can be made with post dated cheques or credit card, dated for March 1st, April 1st, May 1st & June 1st. Please make cheques payable to Cambridge Golf Club.

Rain Out Policy: All group and individual sessions will be held unless you are notified by the Head Coach. Weather issues such as lightning, heavy rain or winds could lead to a session being rescheduled, however there are many topics that can be covered inside the classroom. This policy is in place to ensure the safety of the athletes and coaches.

Additional Associated Costs:

The athlete will be responsible for paying for entry fees, travel and accommodations for any competitive events they choose to participate in. To help with equipment costs, Cambridge Golf Club offers our Junior Development Program participants 20% above wholesale prices.

Refund Policy: All services are non refundable. In extraordinary circumstances, exceptions can be made with the approval of the Head Coach.

PARENTS SECTION

Parents play an important role in the development of the junior golf athlete. To have a successful program there must be an understanding and cooperation among parents, golfers, and coaches. The progress your child makes depends to a great extent on this triangular relationship. It is with this in mind we ask you to consider this section as you join the Cambridge Golf Development Centre.

Coach, Parent, Player Interaction:

The Coach is the Coach: We want your junior golfer to relate to his or her coach as soon as possible concerning golf matters. This relationship between coach and golfer produces the best results. When parents interfere with opinions as to how the golfer should train or golf, it causes considerable, and often times insurmountable confusion as to whom the golfer should listen to. If you have a problem or concern, please contact the coach.

The Coaches job is to motivate and help build the golfers performance. It is the parents responsibility to supply love, recognition and the encouragement necessary to make the child work harder in practice, which in turn gives him or her the confidence to perform well in competition.

Parents Responsibilities:

It is essential for the specific roles of the parent to be clearly defined in order for success

- Provide your child with unconditional support regardless of their golf performance
- Do not teach your child or try to help with their golf skills—allow the coaches to do their jobs
- Listen and take advice from the Coaches
- Please make every effort to have your golfers to their sessions on time
- Please stay away from the athletes and Coaches during the sessions
- Be sure your expectations are in line with your child's
- Become educated about the game of golf—learn to appreciate the difficulty and allure of the game
- Understand that skill acquisition is a long term process, often with many bumps along the way
- Compliment your young athletes growth with basic understanding of nutrition and recovery and encourage good athletic behaviors (proper sleep, hydration etc.)
- Be a role model, active parents tend to produce active children

ATHLETE CODE OF CONDUCT

Cambridge Golf Club's Development Centre strives to ensure a safe environment for its members, coaches, participants and volunteers. For this reason we have adopted a zero tolerance policy.

Expectations / Responsibilities of Athletes

- Respect the efforts of coaches, participants and volunteers
- Respect all public and private property, including the practice facilities, clubhouse and golf course
- Give 100% effort at all times through out the coaching sessions
- Be honest and upfront with your Coaches
- Honor the integrity of the game
- Have fun and be a long term learner through the discovery process
- Attend and be on time for all practices and competitions
- If asked, please help with setup and breakdown of training equipment
- Ensure that all communication is delivered to your parents

Prohibitions

- No use of alcoholic beverages
- No use of drugs other than those prescribed by a physician
- No smoking or chewing tobacco
- Disrespectful, indiscreet or destructive behavior will not be tolerated. It is the responsibility of each golfer to make every effort to avoid guilt by association at any time during the year
- No bullying any team members or fellow competitors

Discipline

Any breach of a rule may result in some form of disciplinary action up to and including a temporary suspension from the center. At the discretion of the Head Coach the following actions may be applied

1. The golfer may be sent home immediately from the coaching session or tournament at his/her own expense and if there is extra expense it will be the golfers responsibility
2. The golfer may be suspended from the team until the golfer and parents have had a conference with the Head Coach and appropriate disciplinary actions have been implemented.

If an issue is not resolved by the coach to the satisfaction of all individuals involved, the issue may be referred to the next level of authority.