

Cambridge Golf Club Development Centre



2018

★ Girls Club



WELCOME TO GIRLS' CLUB

Welcome to Cambridge Golf Club's CN Future Links Girls' Club, an exciting option for active girls. The club is a fun way to learn golf and meet new friends in a team atmosphere. We want to develop the golfer that understands the importance of positive values both on and off the golf course, technical and tactical skills of the game, fitness and nutrition and most importantly how to play the game and have fun!

Why Choose Cambridge Golf Club's Girls' Club?

We know from many studies that girls really benefit from an all-female environment, especially when they want to test their abilities and limits and try new things. We also know that girls who are physically active feel better about themselves. If you want to stay positive and try challenging, fun things, the Girls' Club is the way to do it. Membership in the Girls' Club will not only be fun, it will help you meet new friends and develop skills to play a life long sport.

You will receive:

- Professional Golf Instruction
- Welcome gift package including Shirt
- CN Future Links member status
- Access to CN Future Links E-Newsletters & Contests
- Access to the CN Future Links Girls' Club website members area

What you need to know:

Age group: 7+ years (Athletes will be placed in groups based on age and ability)

What to wear: Girls Club shirt, shorts or pants, and running shoes

What to bring: Water, Hat, Sunscreen, Sweater if required, Golf Clubs if you have them, we can supply for those that don't.

Season: May - August (2 Hour Sessions)

Dates: MAY-3,10,17,24 JUNE-7,14,21 JULY-5,19,26 AUGUST- 2,9,16

Register by: April 1st, 2018

When: Thursday Evenings (5:30—7:30pm rain or shine)

Location: Cambridge Golf Club

Fees: \$275.00 + HST

Sessions will include:

Kick off clinic
Rules & Etiquette
Fitness and Nutrition
On Course Games and Activities
Theme Nights
Mental Game and Focus drills
Skills Challenge
Adult/Child Tournament
FUN, FUN AND MORE FUN!!



COACHING TEAM

This program has stemmed from our observations that traditional golf instruction, as we know it today, does not produce the results we would have hoped and many girls choose to leave the game, if they get started at all. Many girls will develop faster and more comprehensively when they participate in a structured group or team training environment.

Our Mission is to create the opportunity for positive golf experiences for our female athletes. We believe in creating a fun learning environment with full coaching support for players at all stages of skill development. Values such as honor and respect for the game are instilled in the players, which ultimately leads them to develop a passion for the sport which can take them anywhere from the playground to the podium.

Perhaps there is no greater impact on the quality of a child's development than the coaching support they are surrounded with. The coaches in our program have exposure to some of the most comprehensive training and certification programs for golf in the world and specialize in junior golf development. As a group, we possess expert training and extensive experience in the physiology and psychology of child development, as well as the tactical and technical components of competitive golf. Our coaches are highly motivated by the mission to support and develop junior athletes with the finest information available in all relevant fields.

OUR PROFESSIONAL TEAM

CARLA MUNCH-MIRANDA, HEAD COACH

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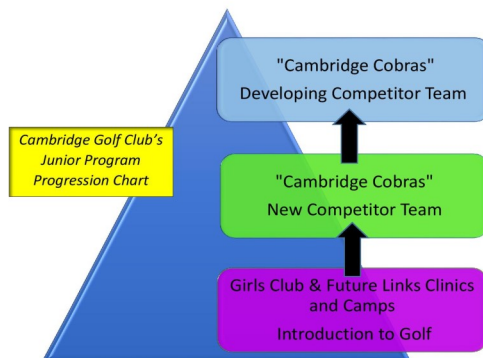


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THE CAMBRIDGE GOLF DEVELOPMENT CENTRE

ATHLETE PATHWAY



INTRODUCTION STREAM (Learn To Play)



CN Future Links Camps and Clinics : Base Programs (Available May-August)

CN Future Links golf camps and clinics focus on providing a safe and enjoyable introduction to the basic fundamentals, rules, etiquette, and history of the game. Camps and Clinics programming is designed for kids between the ages of 5– 14.

GIRLS CLUB

Girls Club is an exciting option for girls who want to learn the game of golf in a fun team like atmosphere. We want to develop the golfer who understands the importance of positive values both on and off the course, technical and tactical skills of the game , fitness and nutrition and most importantly how to play the game and have fun! Girls Club is available to all levels of play from beginner to advanced ages 7+.

“CAMBRIDGE COBRAS TEAM” COMPETITIVE STREAM

New Competitor – Cambridge Cobras Team

The New Competitor (NC) program offers players 9+ with a comprehensive golf coaching program with the goal to expose athletes to more advanced golf coaching principles and introductory level competition. This program will have coaching opportunities running from May to September.



Developing Competitor – Cambridge Cobras Team

Graduates of the New Competitor program may be selected to participate in the Developing Competitor (DC) program. The Developing Competitor Program is designed for athletes aged 12 – 18 and are coached to refine golf fundamentals and athletic abilities and are typically prepared for performance at regional and provincial level competitions. This program involves year long activities with exposure to experts in the field of sport science.

